

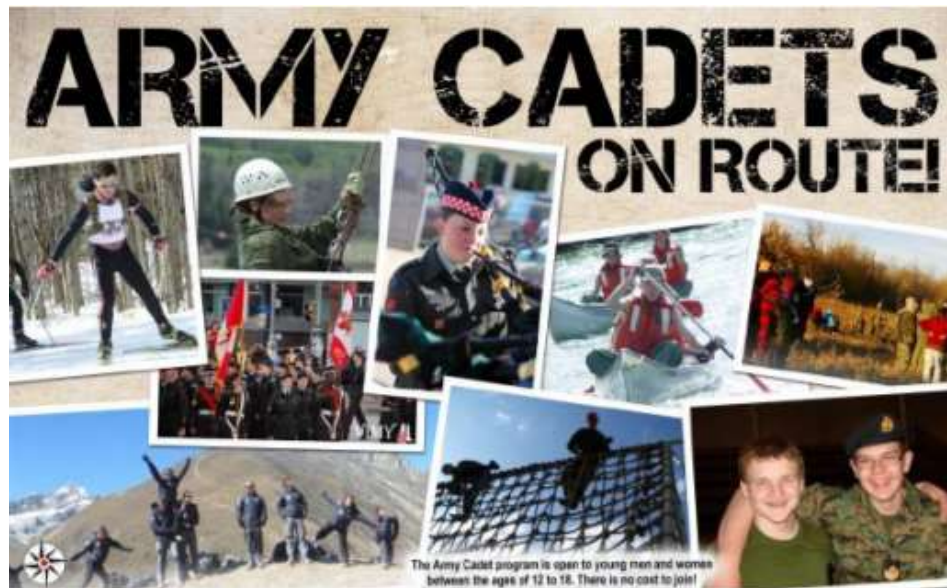
THE ROYAL HAMILTON LIGHT INFANTRY
2379 ROYAL CANADIAN ARMY
CADET CORPS BURLINGTON



Reference Manual

INTRODUCTION

Your decision to become a member of the Royal Canadian Army Cadets is a big one. The cadet program is a national program, from coast to coast. Through your involvement in cadets locally, and during the summer at our regional summer camps, you will experience new adventures and meet new friends. The friendship between those who have shared the challenge of cadet training is a strong one and is one that becomes a lifelong bond. The leadership skills and self discipline you learn from cadets give you a qualification that will allow you to stand out from the crowd. However, to gain the benefits available to you from the cadet system, you must be dedicated and discipline and strive to reach a level of personal excellence. The best way to gain this knowledge is to come out and get hands on experience at the company level and on unit exercises.



THE CADET PROGRAM

This reference manual has been prepared for the members of 2379 RCACC (Royal Canadian Army Cadet Corp) in order that the cadet and guardians may know the expectations as members of this unit.

The Royal Canadian Army Cadets are the oldest youth organization in Canada. We provide the best type of training for youth as possible, emphasizing responsibility, dress and deportment, discipline, citizenship, leadership, and physical fitness.

The Cadet Program, which includes the Royal Canadian Sea, Army and Air Cadets, is the largest federally sponsored youth program in Canada. It is a national program for young Canadians aged 12 to 18 who are interested in participating in a variety of fun, challenging, and rewarding activities while learning about the navy, army and air force.

The officers who train cadets are members of the Cadet Instructors Cadre, a branch of the Canadian Forces Reserve. Cadets, however, are legally civilians; they are not members of the Canadian Forces, have no obligation to perform military service, and are not subject to military discipline.

Nevertheless, by joining a cadet corps young people agree to cheerfully obey their officers and superior cadets, to attend cadet training each week, to observe military standards of grooming and conduct, and to care responsibly for all uniforms and equipment entrusted to them. Parents and guardians show that they agree with these obligations when they countersign a cadet Enrollment application.

GENERAL

“Opening Parade” is at 18:30 hours (6:30 PM) every Thursday evening, from September through June. Unless otherwise advised, all Officers, Civilian instructors/Volunteers and cadets will be present at this time.

“Closing Parade” is approximately 20:45 hrs (8:45 PM) with cadets usually being dismissed no later than 21:00 hrs (9:00 PM). Pending health regulation and restrictions parents and/ or guardians are invited to be present at closing parade. **All cadets must be picked up and off site no later than 21:30 hrs (9:30 PM).**

No cadet may leave the premise between 18:30 hrs and 21:00 hrs (even at break) without first obtaining permission from an Officer and notifying the Chief Clerk. If found leaving the premises, disciplinary action will be taken.

Cadets are encouraged to participate in additional training by applying for summer courses, which are held at various Cadet Training Summer Centres (CTSC) throughout the summer months.

No parade nights are usually scheduled during Christmas and March breaks (although some optional activities may be held during this time).

Commanding Officer’s (CO) Parades (inspections and presentations by the commanding officer will be held as determined by the corps calendar (usually the last Thursday of every month).

Cadets are expected to attend the following mandatory parades/activities:

- tagging days/bagging days
- Gold Expedition Training - Gold Star cadets only
- Silver Expedition Training - Silver Star cadets only
- Burlington Remembrance Day Parade
- Annual inspection

*Cadets are expected to attend Field Training Exercises (FTX) is on designated weekends where possible. Failure to attend the FTXs and Expedition weekends may cause a cadet not to be able to complete their critical “Performance Objectives” of his/her mandatory training for the year. This may result in the cadet not being able to obtain their star level qualification in that given year. Cadets who are not excused by the Commanding Officer for tagging/bagging days may have their next promotion withheld until they attend the next set of tagging/bagging days.

THE AIM:

The aim of the Cadet Program is to develop in youth the attributes of good citizenship and leadership, promote physical fitness, and stimulate interest in the sea, land and air activities of the Canadian Forces.

Citizenship - The development of responsible and caring citizens is one of the most important aspects of the Cadet Program. Throughout the year, cadets participate in citizenship activities in cities and towns across Canada.

Leadership - The Cadet Program encourages youth to be fair and ethical leaders. Cadets learn to take responsibility for their actions and motivate their peers to follow their example.

Physical Fitness - Cadets develop an understanding of the benefits of a healthy lifestyle. Participation in fitness activities results in a positive attitude that enables cadets to take on new challenges.

Stimulate Interest in the Activities of the Canadian Forces - Exposure to the sea, land and air activities of the Canadian Forces is a unique part of the Cadet Program identity, distinguishing it from other youth development programs.



MY RIGHTS AND RESPONSIBILITIES AS AN ARMY CADET!

As a Cadet I have the right to...	As a Cadet I have the responsibility to...
Be treated fairly and with respect	Treat others with respect
Belong and feel included	Not exclude anyone and help protect others
Learn and seek help	Respect personal boundaries: honour "No's"
Be heard and make decisions	Listen to my peers and superiors
Be protected from emotional, physical, and sexual abuse and all forms of harassment	Control my anger
Use the law	Not harass or abuse anyone
Say "NO" to unwelcome behaviour	Get help if I need it

THE CADET HONOUR CODE

I resolve, as a member of the Royal Canadian Army Cadets, that I shall aspire to become a citizen of the highest integrity in my community; I shall strive for success in my studies, to be considerate of all persons and their property, and to achieve the highest physical, mental, spiritual, and moral standards as exemplified by members of the Canadian Forces as Citizens of Canada

CADET BADGE AND MOTTO

The crown on the badge of the Royal Canadian Army Cadets signifies allegiance to Her Majesty the Queen. The motto **ACER ACERPORI** is Latin. This may be translated as: **“As the maple, so the sapling.**

CADET CORPS NAME, NUMBER, AND AFFILIATED UNIT

The number of this cadet corps is 2379. Every cadet corps has an affiliated unit, which may be a reserve force regiment or some component of the regular forces. Some cadet corps names are associated with that of their affiliated unit.

2379 RHLI RCACC is also the "RHLI" because our affiliated Reserve Unit which stands for Royal Hamilton Light Infantry.

The 2379 motto is "Semper Paratus" with is Latin for “Always Ready”. As a unit we take pride in being “Always Ready” to be called upon to assist and serve in self awareness, our unit or family, and our community.

ATTENDANCE AND PERSONAL CONDUCT

By joining the 2379 RHLI Burlington Army Cadets, you have made certain commitments, and are expected to keep them.

If you do not participate in cadets in an acceptable manner in relation to attendance or behaviour you may not be allowed to continue in cadets. Here are some important issues:

Attendance

Attendance is important. Everything you will gain from cadets will be directly related to what you put into it. Also, everything we get from the army (uniforms, equipment, officers, money, support for weekend exercises, and how many cadets can go to summer camp) depends on how many cadets actually attend each week. SO, it is in your best interest to **SHOW UP**. You should attend all training, unless you have a good reason for not doing so.

Arrive 15 minutes early and be sure your attendance is recorded. If you are late, first report into the Cadet Duty Officer so your attendance can be noted. If you must be late or absent, call the corps ahead of time at **(905) 681-3923**. state your rank your last name, the date, and the reason you are late or absent this is very important. It is better to have an absent mark excused than an unknown absence.

After one-month consecutive absences an electronic notification will be sent to the regional cadet support advisory unit (this is who the corps reports to). After two consecutive months of absences without satisfactory explanation the cadet's membership will be terminated.

Section commanders are expected to know why their cadets are absent from parade and they are to maintain suitable records of such occurrences. Attendance records assist in deciding participation in various activities, space on trips, summer courses recommendations, and promotions.

Senior NCOs (Sergeants and above) are expected to attend all FTX is where possible. If a senior NCO is unable to attend an FTX they are required to obtain permission to be excused from an FTX from the commanding officer directly. Failure to comply with this may result in a disciplinary chit being placed in a cadets file. Continued occurrences may result in the removal from their parade appointment.

Conduct

It may be unfair, but it's a fact of life - people will be far more critical of childish or rowdy behavior amongst cadets than amongst young people wearing civilian clothing. The reputation of the whole cadet organization, and even the Canadian forces, is affected by how you look and act in public, on the bus, on the street, in the malls and restaurants, etc. Here are a few things to keep in mind when in uniform, or even in civilian clothing, as representative of the cadet movement, and the 2379 RHLI Army cadets:

1. Walk in solidarity, professional manner, but without exaggeration.
2. Keep your hands out of your pockets.
3. Wear your uniform smartly.
4. Do not remove your beret in public, except in a restaurant or mess hall.
5. Do not smoke/vape in uniform or near military property.
6. Do not chew gum in uniform.
7. Do not litter anywhere.
8. Avoid horseplay and keep your voice pleasant and dignified.
9. Males and females should not hold hands or show other displays of affection while in uniform, or when participating in any cadet activity.
10. When walking around a military building in a group or alone, walk or march in single file or pairs, not in a large grouping. Ensure you pay proper respects to all officers when you pass them by saluting when in uniform or wearing a beret.

Even your conduct at school will reflect on the reputation of your cadet core, all the cadet corps, and all their members, so **make a conscious effort to act in a professional an orderly manner**, and most importantly use your **common sense!**

Commitment

Commitment is making a promise in honoring that promise. No one can lead without commitment. At 2379, commitment to attending activities, teamwork, loyalty, dressing and department and reliability will be recognized. On the other hand, the lack of commitment results in corrective measures being taken.

Cadets of any rank who commits to attend either a local activity or a weekend activity out of town and failed to show without prior advisory or authorization in a reasonable time we be issued a disciplinary chip to be placed in their personal file. Further action may be taken by the Commanding Officer if continued occurrences and could result in further disciplinary action being taken.

OFFICE PROTOCOL

When approaching the Office/Orderly Room (OR), the cadet will remain outside the office entrance, knock on the door, adopt the position of attention, salute, state their rank and last name and the reason they are coming to the office, followed by Sir or Ma'am (determined by the highest-ranking officer in the room). Only after being given permission, may the cadet enter the Office/OR.

TRAINING

The corps training program is designed to emphasize leadership and teamwork among other things. Subjects include drill, instructional techniques, mapping compass, radio procedures, field craft, citizenship, public speaking, leadership, physical fitness, adventure activities and marksmanship. These prepare their cadets for promotion to the various NCM (Non-Commissioned Member) ranks. Specialty training such as first aid, abseiling, canoeing and other adventure activities are periodically available to provide a balanced training and learning program.

ACCELERATED PROGRAM

Youth who join army cadets at 13 years of age or older and will turn 14 prior to September 1st of the next training year may be entered into the accelerated training program. This will allow the cadet to complete both first training level (Green Star) and the second training level (Red Star) in the same year. It will also allow the cadet to progress to the rank of corporal in the accelerated manner as well (after five months of service). This is because the army cadet program is ideally designed for cadets to join at approximately 12 years of age. Entering older recruits into the accelerated program ensures that they are not left behind due to their age and ensures that they are able to train with cadets close to their age. Please notify the recruiting officer immediately if you fall into this category.

The corps will hold a few weekend activities from September through June. Some of these are daytime activities while others are overnight exercises. For activities other than regular parade nights, cadets will be issued a "Warning Order" advising cadets and parents/guardian's what is planned, where the activity is to be held, start/end times, what to bring and an emergency contact number. Senior NCOs and Officers will be issued an "Operations Order" with more details. **The cadets Health card will be required for ALL exercises, without it, a cadet will not be able to attend the activity.**

COURTESIES

As in school and civilian life, you are expected to be courteous in Army Cadets. However, in the cadet program you will be held to an even higher standard and the courtesy that is expected from you will take many different forms. You will show courtesy to your superiors and subordinates, as well as your peers at formal parades and activities, whether you are in uniform or civilian clothing.

The Officers and the Chief Warrant Officer (the RSM) of the corps will be addressed as "Sir/ Ma'am" at all times. Civilian Instructors/Volunteers in visitors will be shown the same courtesy.

Master warrant officers (the CSM or DSM) will be addressed as "Sergeant Major". Warrant Officers will be addressed as "Warrant" unless directed otherwise.

Cadets will address Sergeants, Master Corporals, Corporals, and Lance Corporals by their rank i.e. "Sergeant". New recruits will be address each other as "Cadet" and surname.

SALUTING

Cadets in uniform will salute all Commissioned Officers of the Canadian and other Armed Forces, whenever and wherever they are recognized, whether the Officer is in uniform or not. Other dignitaries may be saluted as well as directed.

If a group of cadets are gathered, the most senior cadet in the room or the cadet nearest to the door will call the group to attention by calling "GROUP". When an officer enters the room, ONLY the cadet who called "GROUP" will salute the officer. All others that are present will remain at attention until told otherwise by the officer.

Cadets will salute when the anthem is played, when the Last Post and Reveille is played and will also salute the Corps Officers once at the start of the evening and once at the end of the evening.

DISCIPLINE

Cadets who persistently refused to pay attention or contribute in classroom and other lessons will be subject to disciplinary action.

Cadets who show insubordination towards their superiors, tease/bully other cadets (in-person or virtually), neglect their assigned duties, demonstrate poor dress and deportment, etc. will be subject to disciplinary action. If it is the first occurrence a cadet will most likely receive a red chit (a negative note in their file) to be forwarded up the chain of command to the Regimental Sergeant Major (the RSM). The RSM will then present sent it to the Training Officer who will sign off and place it in the cadet's file. If the Training Officer deems it to be of a serious nature, he/she will present it to the Commanding Officer who will review it and initiate additional disciplinary action, as necessary. If it is a second occurrence of the same problem or a pattern has continued occurrences, harsher disciplinary measures may be taken by the Commanding Officer.

Cadets who are called into the Commanding Officer's office will knock on his/her door and salute prior to entering. The cadet will remain standing at attention until the interview is over or they are instructed otherwise.

If a cadet has a grievance, he/she may report it to their Section Commander who will try to resolve the concern or will forward it up the chain of command to the next appropriate person.

If there is a safety issue, concern for self or someone that is hurt or being bullied, going straight to an Officer is the appropriate course of action. Such conversations will be kept confidential unless there is a risk of harm to others or self. Please note cadets is a safe place and there is ZERO TOLERANCE for bullying.

Cadets of any rank committing, what is viewed as a serious misbehavior or if the negative behavior is a frequent occurrence, the Commanding Officer will review the situation with the parents/guardian of the cadet in question. The ultimate result may be a demotion in rank, loss of privilege, suspension for membership or dismissal from the corps.

Any criminal activity will be reported to the parents/guardian, local police and or if necessary, military police for further action and on a situational basis.

In addition to cadets receiving “red chits” for negative incidents, cadets may also earn “green chits” for positive occurrences. Green chits are given for any good deeds/good behaviors that are displayed that are above expectations and extraordinary occurrences. Green chits will be forwarded up the chain of command to the RSM who will present it to the Commanding Officer for review. The Commanding Officer will sign off and ensure it is placed in their cadet files. Multiple Green Chits can result in placing a cadet in a priority Parade position, summer camps, and other corps activities.

THE CADET UNIFORM

Prior to a cadet receiving a uniform, cadets must appear on parade in a plain white collared shirt and plain black pants.

New cadets will be measured for uniform once their registration package and trial time has been served. Once a cadet has been enrolled in for approximately 3 to 5 weeks, they will receive all their uniform components. This would be dependent on whether the corps has the size available or in need to order a specific size.

If for some reason the cadet cannot wear his or her uniform during a regular parade, the alternative uniform will be worn (i.e., if a cadet cannot wear his dress uniform they wear their field training uniform for that evening). If a cadet is stating his or her uniform does not fit, this is not an acceptable excuse, as ample time/reminder will have been given for a cadet to have their uniform exchanged.

The uniform components are property of the Department of National Defence (DND) and MUST be returned upon the cadet leaving the unit.

Your uniforms include parade boots, socks, dress and field training pants, T-shirt, dress shirt, dress and field training tunic, necktie, and beret, turtleneck, and a coat for winter. The purchase of combat boots is the responsibility of the cadet family. A discount at the Oakville Surplus store, will be given, inquire with the Recruiting Officer. (If there is a financial hardship, please speak to an Officer in this regard).

Get your uniform ready the day before you need to wear it. Don't expect your parents or legal guardian to do your washing, ironing, sewing or shining for you. This is your responsibility!

For field training, you are only permitted to wear the olive-green field training clothing, or civilian clothing if not issued a uniform yet at the time of the exercise. If there is a change in attire requirements, you will be notified from the chain of command and in an Operations Order.

ARMY CADET HEADDRESS

All cadets will wear an issued gray while in uniform. You will wear your beret evenly on your head. The band is to be 2.5 centimeters (approximately the width of two fingers) above your eyebrow. The crown of the beret is to be pulled downwards to the right and rear. Be sure your cap badge is centered over your left eye.

Drawstrings are to be tucked inside the beret. If your hair hangs down on your forehead, be sure to tuck it under your beret when in uniform.

You will have to form your beret on your head. This is done mostly easily by soaking the beret in hot water. Put on the beret with the badge over your left eye and the band level front and back. Pull the excess material down over the right side and back, tie the strings in the back of the beret to ensure the band is the right size. Continue to wear the beret until it is reasonably dry and store somewhere, where it will not get crushed.



LAUNDERING, IRONING AND DRY CLEANING

Your uniform is machine washable but hung to dry and will require ironing. For special occasions you may wish to take it to the dry cleaner to be professionally pressed. When ironing your pants or tunic and necktie, use a dampened pressing cloth. A pressing cloth maybe a towel, a pillowcase, or other piece of cloth. The dampened pressing cloth will prevent your tunic and pants from becoming shiny due to ironing that material type. The creases in your trousers are made sharply by using a damp pressing cloth. Make sure the creases are always in the same place and not presenting a doubled crease line.

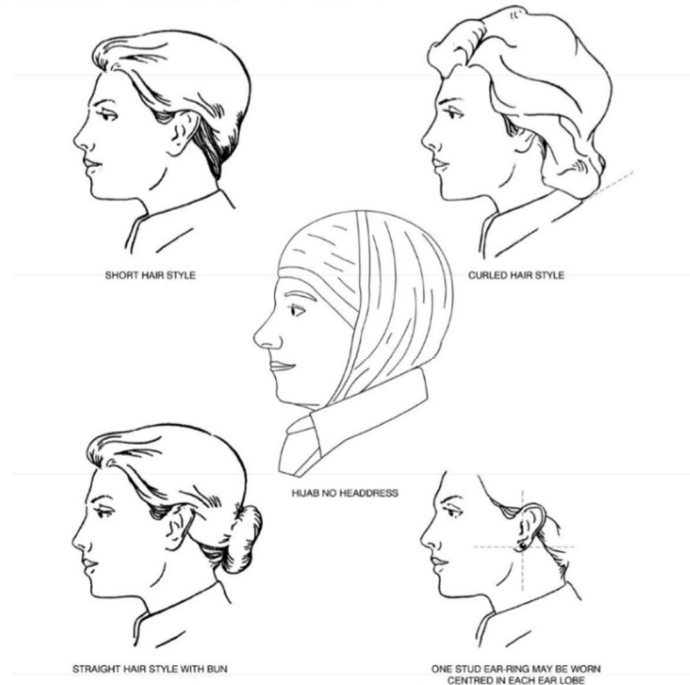
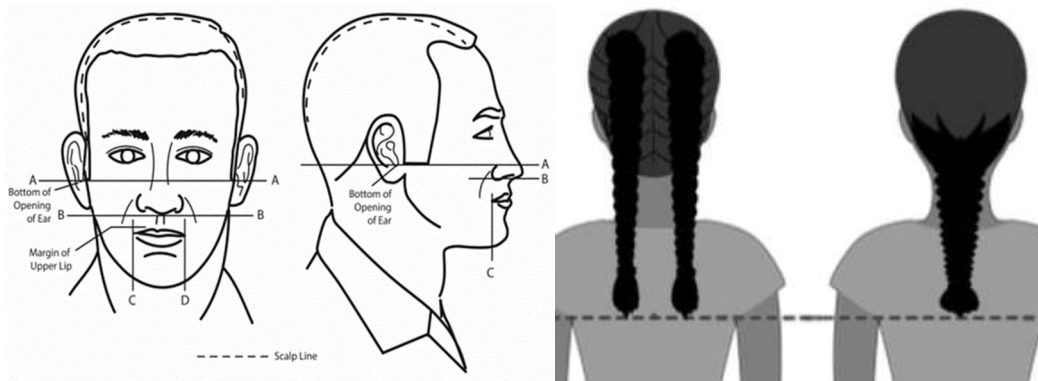
PERSONAL GROOMING

Male cadets **must have short haircuts** tapered at the back, with the sideburns not more than halfway down the ear. Male cadets may not wear earrings at anytime while in uniform. Those cadets who have earrings must remove them during cadets and all activities.

Except for medical alert bracelets, and wristwatches, and articles of religious significance, (i.e. necklace with cross), jewelry is not worn when in uniform, except that females may wear a single pair of gold or silver studs, diamond, or white pearl earrings centred in the lobe.

Female cadets with long hair must wear their hair up off the collar when in uniform. This can be done by wearing a braid if not longer than midway between the shoulder blades or styled in a bun. The bun style is to be gelled back with no loose her when in dress uniform. However, when in field training uniform, the bun can be loose but neat.

The hair colour of all cadets will be of natural colour. Hair dyed in colours such as blue, pink, purple, green, orange etc. is considered inappropriate and is not considered to be regulation.



RESPONSIBILITY FOR THE UNIFORM

You are responsible for all parts of uniform. Do not leave your uniform lying around. Label every article or piece of uniform with labels. Labels can be purchased from Support Committee members or an Officer for a fund-raising fee. Return damaged or poorly fitting parts of your uniform and get measured for new parts. If you lose any part of your uniform, ensure you report your lost to the supply officer as soon as possible. You must return your uniform promptly if you leave the cadet corps.

TUNIC AND INSIGNIA

When wearing either tunic, always keep all pockets buttoned. Be sure all front buttons (except the top one) are also fastened. You should keep your tunic well pressed, however it should not have any creases. Be sure your belt is even with no twists. The black buckle on your tunic belt is to be tight, that cuffs just over the wrist, and the bottom hem just touches your fingertips when you hold your arms down and lightly close your hand.

Insignia shall be positioned as shown in the diagrams that in a link on the Burlington Army cadet webpage. The shoulder title is worn flush with the shoulder seam and centred on the applet, with the Royal Canadian army cadet's maple leaf below it. Insignia **must be sewn - not glued or otherwise**, with matching colour thread.

TROUSERS/BELT

Your trousers shall be well pressed. Creases should be sharp but take care to avoid double creases called railroad tracks. Creases in the pants go up the front centre of each leg and extended to the waist, to inside the first belt loops. Rear creases extend up the corner of the pocket. Rear creases extend up the centre of the pant leg and meet in the back at the waistline. Trousers fit when the waist, crotch, and hips are comfortable, and the cuffs are long enough to conceal your socks and the tops of your boots, and they hang straight and don't go below your ankles. Your belt is part of your uniform and will be worn with your cadet pants at all times.

SHIRT

Your shirt should be neatly pressed when worn. The only crease in your shirt should be down the centre of each arm beginning at the centre of each epaulette. Shirts are worn with a rank slip-on on each epaulette.

SOCKS

You are to wear the gray wool socks with the black liner socks that are issued to you by your cadet corps.

3 SEASONS OVER COAT (PARKA)

Your issued overcoat may be worn when weather requires it. Overcoats have removable liners so that it may be worn during cold to warmer weather. Cadet ranks slip-ons will be worn on the epaulets of the cadet overcoat. The overcoat is not to be worn as a personal winter coat. Only to be worn when in presence with the cadet unit.

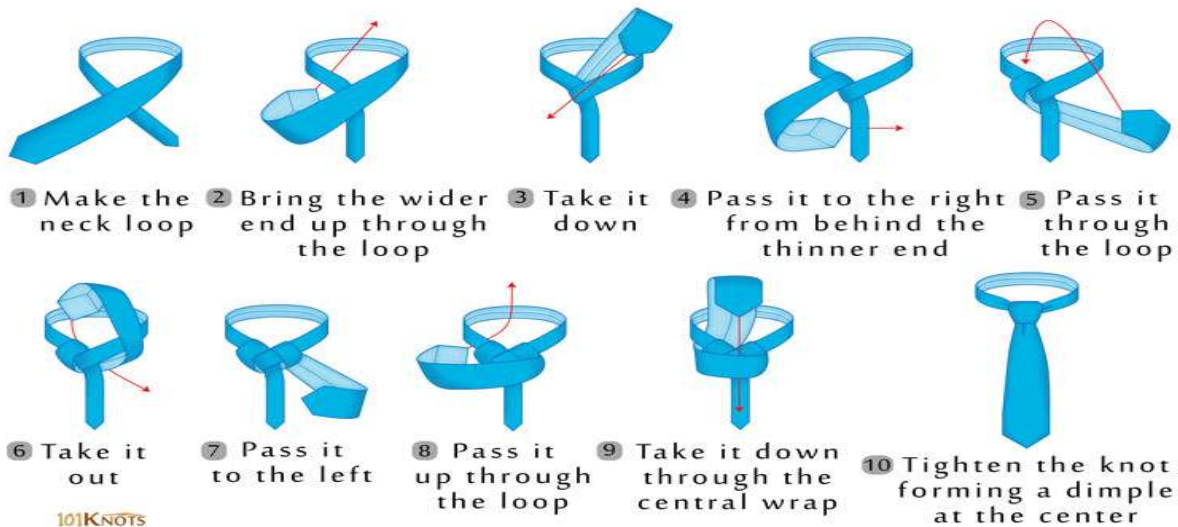
BADGES

Refer to Burlington Army Cadet website for link to badge locations.

NECKTIE

Your necktie should be ironed and tidy. Then knot should be compact and the tie down up to the colour when worn. There must be no shirt button showing above the knot. Both ends should be the same length, but the narrow end should not show behind the wide end. Ties must be tied with a Windsor knot, which can be taken off without untying it.

Windsor Knot Directions



BOOTS

The care of the combat boots differs to the those of the parade boots. Combat boots are only to be cleaned and blackened with EMU polish. Other polish such as KIWI polish, will damage the Gortex exterior of the boot.

To shine your parade boots, follow the following steps:

- remove dust and dirt from the boot with a soft damp cloth (do not use the same cloth for polishing, as grit on the cloth will scratch the finish of your polish).
- Use an old toothbrush to remove dirt from the welts. Use the toothbrush, with polish, to black and the welts.
- Put some cold water in the lid of your polish and wrap a soft Kiwi type cloth around the end of your finger. Dipping your finger into the water from time to time, to keep the polish hard, apply a moderate amount of Polish to the area of the boots you wish to polish first.
- Apply the polish in a circular motion. Start with larger circles to cover the area with polish. Use smaller circles as the polish works into the boot. Continue with circular motion until you can no longer see the circles forming by the polish.
- If you see small scratch marks developing in the shine switch to a clean location on your polish cloth. You will have to continue applying coats of polish in this way until the boot has a high gloss.
- It will take many coats of polish and lots of patience to get the desired gloss. Polishing your boots while you watch your favorite TV program will help make polishing easier but be careful not to get polish on anything. Considerable patience is required with new and previously unpolished boots.
- Many shortcuts have been tried but not all work. Patience and perseverance are best.

Remember to ensure you remove all water from the top of your polished in to avoid rusting also remember to cover your boots when you are not using them to avoid dust buildup period this simple practice of covering your boots can save you a lot of time later on. Lace up your boots horizontally using the straight across method.

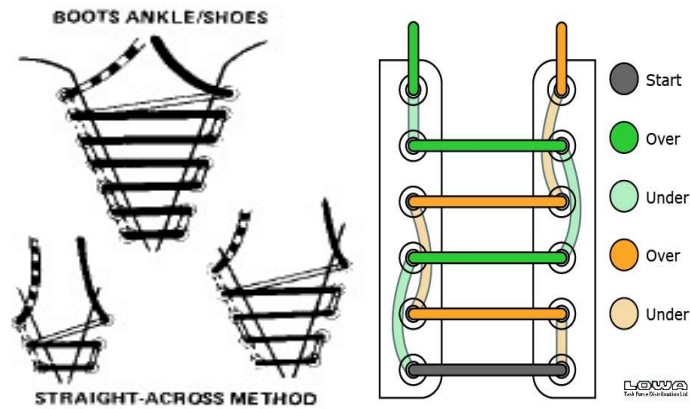
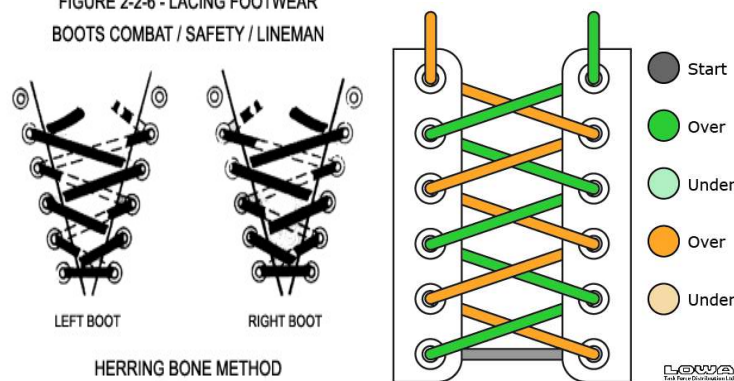


FIGURE 2-2-6 - LACING FOOTWEAR
BOOTS COMBAT / SAFETY / LINEMAN



PROMOTIONS

The cadet core operates on the “merit system”. This means that you will advance when you deserve to do so, provided you are qualified, and vacancy exists. There is a national policy that prescribes minimum course proficiency qualifications for promotions to each rank.

THE CHAIN OF COMMAND”

The Chain of Command within the cadet core exists so that information and instructions can be passed efficiently between all levels. It allows leaders to organize their teams quickly and efficiently between all levels and gives everyone a job to do.

A chain of command consists of various appointments including Regimental Sergeant Major (RSM), Company Sergeant Major (CSM), Drill Sergeant Major (DSM) and platoon warrant officers. The job you do is the result of your appointment, not necessarily because of the rank you hold. All cadets appointed to certain positions are there because they have been selected to do so by an officer, because they have deserved recognition and can be trusted to do what needs to be done. To receive an appointment is equally, if not more important, than receiving a rank.

The higher up the chain of command you are, the more responsibilities you have, however, everyone has an equally important role to play in the success of the corps.

The chain works both ways, both for passing information down and for passing information questions or answers back up. The system works because there is rarely a confusion over what each person's responsibilities are.

You must not short cut the chain of command if you need information or have a problem, ask your Platoon Warrant Officer first. If the Platoon Warrant Officer can't help, they will find somebody who can.

However, in your cadet corps, as in the Canadian forces, any member may approach an Officer if they feel comfortable with, for a confidential interview to discuss any matter of personal importance or safety concern.

EXTRACURRICULAR TEAMS

Flag Party

Cadets who are proficient at drill and have time and inclination to practice may ask to join the corps Flag Party. The Flag Party Commander schedules all drill practices. Only those cadets with satisfactory attendance and proficiency record will be invited to join the Flag Party and/or remain on it. Flag Party members are awarded the privilege of wearing lanyards on their uniform.

Orienteering team

Every year the corps participates in a central area Orienteering competition against other cadet corps in the area (usually a one-day event). Cadets may ask to join the team for the competition the Training Officer is responsible for selecting the team members and senior cadets are given preference where possible. If the team is successful at the area competition, they may be asked to participate in the regional competition (one full weekend). Cadets must be committed to the team to attend practices and in addition to the competition itself. Orienteering team members are also awarded the privilege of wearing lanyards on their uniform.

Marksmanship

Cadets will be instructed in the safe use and operation of firearms by DND trained and qualified Range Safety Officers (RSO's). Department of National Defence rules will be strictly enforced. Cadets who show interest in marksmanship may ask the Marksmanship/Assistant Marksmanship Officer to try out for the team.

Cadets must commit to attending all practices in competitions with the team. Practices will be regularly held every Thursday prior to the start of the parade night at 17:30 hrs (5:30 PM). Marksmanship team members are also permitted the privilege to wearing lanyards on their uniform.

Cadets who do not make the marksmanship team or who simply wish to practice or improve their marksmanship skills are invited to join the practice squad. Practice shoots will usually be held at the same time as the marksmanship team usually every Thursday at 17:30 hrs. Please see Marksmanship Officer if interested.

CITIZENSHIP VISITS

The corps may undertake citizenship visits periodically. An 'Operation Order' will be issued prior to such a visit. This will provide details for both cadets and the parents/ guardians of the times of departure and return, items to bring, details of the activities, timings and emergency contact numbers if available.

Uniforms or appropriate civilian clothing will be worn on these visits as directed by the Operations Order that will be sent out before the event.

RECRUITING

The recruiting program is set up throughout the year which is vital to the on going turn over in any youth program. All corps personnel are active participants in the program. Cadets may be asked if they are willing to bring posters with them to their schools to be posted. Cadets are also encouraged to bring a friend to a specific parade night to see an active evening. Cadets must bring the prospective recruit to the recruiting officer first period platoon warrants are also responsible for maintaining an increasing the size and quality of their respective platoons. This may include getting all platoon members contact information, passing along important information and expectations, making sure the chain of command is withheld within the platoon and corps, is and following up on any orders given for any immediate or upcoming events.

CONTACT INFORMATION

FOR ATTENDANCE – CONTACT THE CORPS LINE DIRECTLY

905 681 3923). Leave a message (date of absence, rank/name, and reason).

Commanding Officer –

**Capt. Lisa Hogan
co2379rhli@gmail.com**

**DCO (Deputy Commanding Officer)/
Red Star Officer**

**Capt. Jodi Mitchell CD
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**Training Officer /
Gold Star Officer**

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Master Cadet Officer

**Capt. Ron Harris CD
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**Supply Officer/
Silver Star Officer**

**Lt Robin Settle
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Administration Officer

CI Linda Thrasher

Green Star Officer

CI Phil Harris (Retired Capt. CD)